



Nia Nanton

LICENSED SOCIAL WORKER
& INTEGRATIVE SOMATIC WELLNESS
PRACTITIONER

SKILLS

- Advocacy
- Assessment & Evaluation
- Safety & Injury Prevention
- Case Management & Care Coordination
- Crisis Intervention & Trauma-Informed Care
- Goal Setting & Treatment Planning
- Yoga Instruction, Demonstration, Sequencing & Class Planning; Assisting & Adjusting
- Social work research & evidence-based practice
- Program Development; Community Organization

EDUCATION

FEBRUARY 2022

RYT-200 YOGA ALLIANCE CERTIFIED

YOGA TEACHER | SOMA YOGA INSTITUTE,
ARCATA, CA

AUGUST 2020

MASTER OF SOCIAL WORK

RUTGERS UNIVERSITY, NEW BRUNSWICK,
NJ

MAY 2017

BACHELOR OF ARTS, PSYCHOLOGY: CHILD BEHAVIORAL SERVICES

ROWAN UNIVERSITY, GLASSBORO, NJ

CERTIFICATION

- Licensed Social Worker, March 2021
- Nurtured Heart Approach Certified Trainer
- Trauma Focused Cognitive Behavioral Therapy (TF-CBT)

WORK EXPERIENCE

OUTPATIENT CLINICIAN

The Children's Home Society of NJ; Trenton, NJ

February 2022-November 2022

Delivered office and community-based emotional and behavioral therapy to youth and families, supported crisis management, facilitated trauma and loss coping strategies, conducted assessments and treatment planning, actively participated in family/team meetings and case conferences, and consistently ensured timely and thorough documentation submission.

INTENSIVE IN-COMMUNITY CLINICIAN

EH Counseling; Hawthorne, NJ

January 2021-May 2022

Delivered short-term psychotherapeutic counseling to youth and families, monitoring case progress, collaborating with care managers, providing consistent clinical services, practicing comprehensive clinical and case management, ensuring timely documentation, and actively participating in weekly group supervision.

PATHWAYS TO ACADEMIC AND CAREER EXPLORATION TO SUCCESS (PACES) COACH

Embella (Formerly Foster and Adoptive Family Services); Princeton, NJ

February 2021-February 2022

Facilitated meetings, maintained regular communication, and provided comprehensive support to adolescents in developing academic skills, coordinating testing, advocating for resources, fostering professional relationships, and facilitating opportunities for education and employment advancement, while ensuring accurate documentation and serving as a liaison for scholarship programs.

FAMILY SUPPORT ADVOCATE

Embella (Formerly Foster and Adoptive Family Services); Princeton, NJ

November 2018-February 2021

Advocated for kinship, foster, and adoptive families, connecting them with vital resources, maintaining positive relationships with agency stakeholders, conducting targeted outreach, coordinating meetings, researching and developing educational materials, resolving issues, ensuring accurate records, providing coverage, and preparing reports as required to support family well-being and agency services.



WORK EXPERIENCE CONTINUED

SOCIAL WORK GRADUATE INTERN

Youth Consultation Services (YCS); Farmingdale, NJ
September 2019-July 2020

Contributed to an intermediate term PCH level of care therapeutic residence specializing in Trauma Focused Cognitive Behavioral Therapy for adolescent females aged 13-16, conducting assessments, identifying client needs and goals, leading therapeutic groups and individual sessions, assisting in treatment meetings and plan development, collaborating with the residential team and other providers, providing crisis intervention, and maintaining comprehensive case management documentation.

SOCIAL WORK GRADUATE INTERN

Rutgers University Paul Robeson Cultural Center; Piscataway, NJ
January 2018-April 2019

Developed timeline, advised students, created curriculum, facilitated discussions, collaborated with university departments and community organizations, coordinated events, and developed programs targeting underrepresented African American and ethnic minority students, focusing on leadership skills, community involvement, and intercultural communication within the Rutgers University Paul Robeson Living Learning Community/Community Ambassadors Program and Paul Robeson Cultural Center.

COMMUNITY EDUCATION PROGRAM LEADER

South Brunswick Board of Education; South Brunswick, NJ
September 2017-December 2018

Supervised staff and managed grades K-5 for a group of 15-20 students, coordinated documentation for the Board of Education, ordered and organized materials for a community education program, maintained paperwork and records, planned activities, communicated with building administration, implemented monthly community service projects, and ensured compliance with state regulations for child care centers.

SPECIAL EDUCATION/BEHAVIORAL SUPPORT PROFESSIONAL

South Brunswick Board of Education; South Brunswick, NJ
September 2017-December 2018

Implemented treatment plans determined by IEP/Title 1/ESL Teams for children and youth aged 5 to 16, collecting data on behavior and academic progress, utilizing evidence-based interventions, administering behavior assessments, and applying strategies such as Discrete Trial, reinforcement schedules, visual systems, and Picture Exchange Systems (PECS) to support individual development.





WORK EXPERIENCE CONTINUED

PERMANENCY CASEWORKER INTERN

Children's Choice; Bellmawr, NJ

January 2017-May 2017

Completed SWAN online trainings and provided support in various areas of adoption and permanency services, including child preparation, family profiles, recruitment, finalization, and post-permanency services, while ensuring compliance with licensing requirements, conducting home studies and interviews, supervising visits, attending court hearings, participating in recruitment events, and collaborating with agencies to facilitate the adoption process.

PERMANENCY CASE AIDE

Children's Choice; Bellmawr, NJ

February 2017-May 2017

Traveled independently to multiple Community Umbrella Agencies (CUAs) and Departments of Human Services (DHS) to conduct comprehensive file reviews, ensuring accurate and up-to-date case records for Permanency Caseworkers by obtaining relevant personal information, conducting background checks, and performing various administrative tasks such as filing, answering phones, scanning, and copying.

TRAINING CLERK

Children's Choice; Bellmawr, NJ

August 2016-January 2017

Managed registration for Pre-Service trainings, CPR/First Aid, and Treatment Foster Care trainings for resource parents and employees, ensuring accurate documentation and tracking of attendance, maintaining training materials, preparing training rooms, staying updated with company policies, attending staff meetings and in-service trainings to enhance professional development and staying informed on various professional education opportunities.



HONORS AND ACTIVITIES

Phi Alpha Honor Society
Psi Chi International Society In Psychology
Tau Sigma National Honor Society

COMMUNITY INVOLVEMENT

National Alliance on Mental Illness (NAMI)
Walk — May 2016
Fundraising, volunteering, 5k walk,
networking



REFERENCES PROVIDED UPON REQUEST.